

BEFORE

OTHER ▾
BY PETER HARPER (/APP/PROFILE/FB7CF29A-34B4-4133-B2FB-8168C1B2BDD2) ON TODAY @ 10:23 AM

< >



Highcliffe to Milford on Sea

Event: -- ▾ Event Type: Uncategorized ▾ Course: -- ▾ Gear: 1

Mon 5 Jan

8.33 mi

Distance

2:58:38

Time

2.8 mph

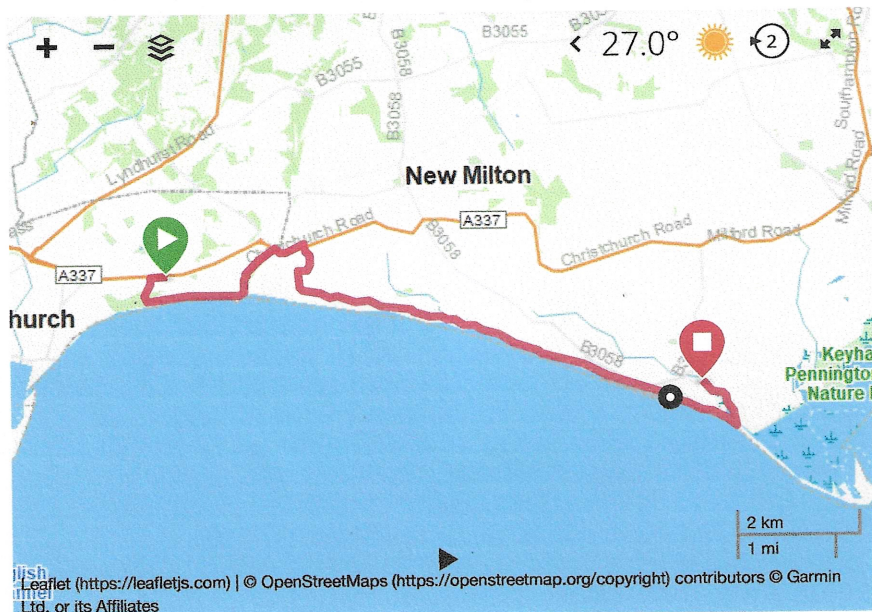
Avg Speed

187 ft

Total Ascent

Add

Remove



Notes

Sunny and crisp

Edit

Customize
Charts

Time

Distance



/app/profile/fb7cf29a-34b4-4133-b2fb-

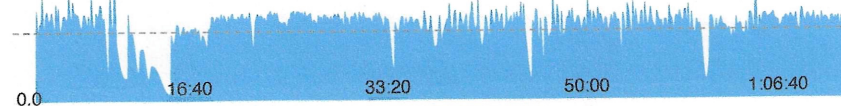
Elevation

300.0



Speed

5.0



Stats Laps

Distance	Timing	Elevation
8.33 mi	2:58:38	187 ft
Distance	Time	Total Ascent
	2:46:50	286 ft
	Moving Time	Total Descent
	2:58:38	1 ft
	Elapsed Time	Min Elev

Summary Data: Original



Scarpa Terra GTX
Change Gear

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