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22 Feb 2026, 11:57

hi Robin, i would like some help with the garmin app, thanks Dave.

i sail out of PDSC

Hi David, happy to help

22 Feb 2026, 13:17

hi robin thanks, this season i changed from the SailQ app to Sailing Basics, your app gives me all the details that i need and than some, works great. however the only down side that has become apparent is the rapid battery drain on my Forrunner 255. a last week i finally got around to trying to idenfitying the problem.

i was losing about 20% battery life / day.

Yep, looks like its specifically an issue with the Forerunner series of watches,

When you finish an activity and choose either Exit and Save or Exit and Discard, the app calls Garmin's own system command to close itself. This is not custom code. It is Garmin's built in instruction that tells the watch to shut the app down, release any processes it was using, and return to its normal low power state. Once you have exited, by design the app should not be able to continue running in the background.

i deleted the Sailing Basic App from my Garmin, then preformed a Soft reset of the Garmin, gve it a full charge. the next day only lost 1%, thought great , than reloaded the App Sailing Basic to my Garmin, left the garmin off charge for 24 hours and only lost another 1%. this was a great result. went sailing yesterday and turned on the app and i was back to losing 25-30% battery in 12 hours, is there any way around this.

**David Stewart**  
Active now



if i see you at RPYC i buy you a beer



25 Feb 2026, 08:45

Just pushed the changes, through let me know if that fixes it



26 Feb 2026, 11:40

Excellent looking forward to it  
Although I am away this week so I will be able to give you the feedback next week

14:49

Hi Robin, back in town to give the Garmin a a try-out with the new update. i had uninstalled it from my watch 10 days ago, saturday ( yesterday) i reinstalled the app to my watch and noticed that in the app it was showing an update on the 24 feb 2026. installed as per normal, put the watch back on charge. At 12 pm it was at 100% charge. went sailing yesterday, activated the app at aproximately 14:05 the race was slow finished the race pressed stop then pressed exit and save.

Battery was at 82%, @18:00 expected this.

Battery was at 72%, @20:00

Battery was at 47%, @08:00

Battery was at 41%, @10:00

Battery was at 30%, @14:30

last week when i was away for 7 days it only got down to 50%



Thanks that's great info, I've been able to replicate it went out and grabbed a Different watch (Fenix 8 same behaviour, it appears it's potentially to do with the activity recording, looks likely to be a firmware bug for some watches, wasn't doing it on my older Fenix, next step will be to see if I can work with Garmin to troubleshoot further, the only temporising measure is to quickly reboot the watch after using the app



good to hear you were able to replicate this 😊

so my forunner 255M is only about 3 years old

looking forward to hearing if your able to fix the bug, so in the mean time we will need to reboot after using. cheers

let me know when you have another update

**From:** [Robin Wilkinson](#)

**Sent on:** Tuesday, 23 September 2025 8:11:33 AM

**To: Subject: RE:** [User Feedback](#) for Sailing Basics - Connect IQ Notification

Hi Dan,

Thanks for reaching out hope you are enjoying the app, and I am sorry to hear you have been running into this issue.

When you finish an activity and choose either Exit and Save or Exit and Discard, the app calls Garmin's own system command to close itself. This is not custom code. It is Garmin's built-in instruction that tells the watch to shut the app down, release any processes it was using, and return to its normal low-power state. Once you have exited, by design the app should not be able to continue running in the background.

I have reviewed the code to confirm there are no background event registrations left active and that any location events are turned off as the app closes

A few things you might try just in case:

1. Some watches allow custom hot keys that can keep an app paused in the background instead of exiting, for example showing the clock while leaving the app open. It does not sound like that is happening here, but it is worth checking your button mappings.
2. Uninstall and reinstall the app to make sure you are running a clean copy.
3. If the issue continues, a full reset of the watch or updating to the latest firmware can sometimes clear up background behaviour.

Let me know how you go.

Best regards,  
Robin

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**From:** noreply@garmin.com <noreply@garmin.com>

**Sent:** Tuesday, 23 September 2025 5:25 AM

**To:** robin.wilkinson@outlook.com

**Subject:** User Feedback for Sailing Basics - Connect IQ Notification

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Dear *Robin*,

The Connect IQ user *Dan Audy* has sent you the following request regarding your app "[Sailing Basics](#)":

Hello,

I am using the Sailing Basics (2.2.2) app on my Garmin Enduro 3 (firmware 17.30).

I noticed that after I start and then end an activity with Sailing Basics, the watch battery continues to drain much faster than usual.

The problem disappears only after I restart the watch (hold LIGHT button, power off/on). This suggests that the app is still running in the background.

Could you please look into this issue?

It would be very helpful if the app properly terminated all background processes after finishing an activity.

Thank you very much for your support!

Best regards,  
Dan Audy

The following additional info has been provided:

- Device Name: Enduro 3
- Firmware Version: 17.30

You can respond directly by answering to this mail or sending an email to: [\\_\\_\\_\\_\\_](#) . [\\_\\_\\_\\_\\_](#)

If you think this request is spam or inappropriate in any other way, then please contact us at: [ConnectIQAppAdmin@garmin.com](mailto:ConnectIQAppAdmin@garmin.com)

Sincerely,

- The Garmin Connect IQ Team

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**From:** [Robin Wilkinson](#)  
**Sent on:** Wednesday, 27 September 2023 10:41:24 PM  
**To:** \_\_\_\_\_  
**Subject:** Re: User Feedback for Sailing Basics - Connect IQ Notification

Hi,

Thanks for reaching out and glad you are enjoying the app,

I've not come across battery drain after the app is closed before, by design if the app is closed it shouldn't be using any of the watches resources  
Garmin doesn't allow multiple apps to run at the same time so when the app is closed (either selecting exit and discard or exit and save from the menu) all of the code is terminated and the watch clears the program

Couple of things that could be that would be worthwhile trying,

1. Check the sailing basics app has closed by clicking exit discard track in the app menu or simply by opening another app will ensure it has been terminated  
- **if this fixes it let me know as something odd is going on,**

Non app related items to check

- 2) Close the Garmin Connect and Connect IQ Apps on your phone if you have them it could be the Bluetooth connection hasn't closed properly and its constantly trying to use the Bluetooth
- 3) Restart your watch by holding the light button down for 15 seconds

It looks like this problem crops up from time to time there's a few chats about it on the Garmin forum

[https://forums.garmin.com/search?q=battery&group=28#serp=2&serpdate=past\\_year](https://forums.garmin.com/search?q=battery&group=28#serp=2&serpdate=past_year)

<https://forums.garmin.com/sports-fitness/running-multisport/f/forerunner-255-series/306978/sv-12-23-forerunner-255-series-rapid-battery-drain>

### SV 12.23: Forerunner 255 Series Rapid Battery Drain - Forerunner 255 Series - Running/Multisport - Garmin Forums

A dedicated community for Garmin users to ask questions, provide answers, and share feedback.  
forums.garmin.com

Thanks,  
Robin

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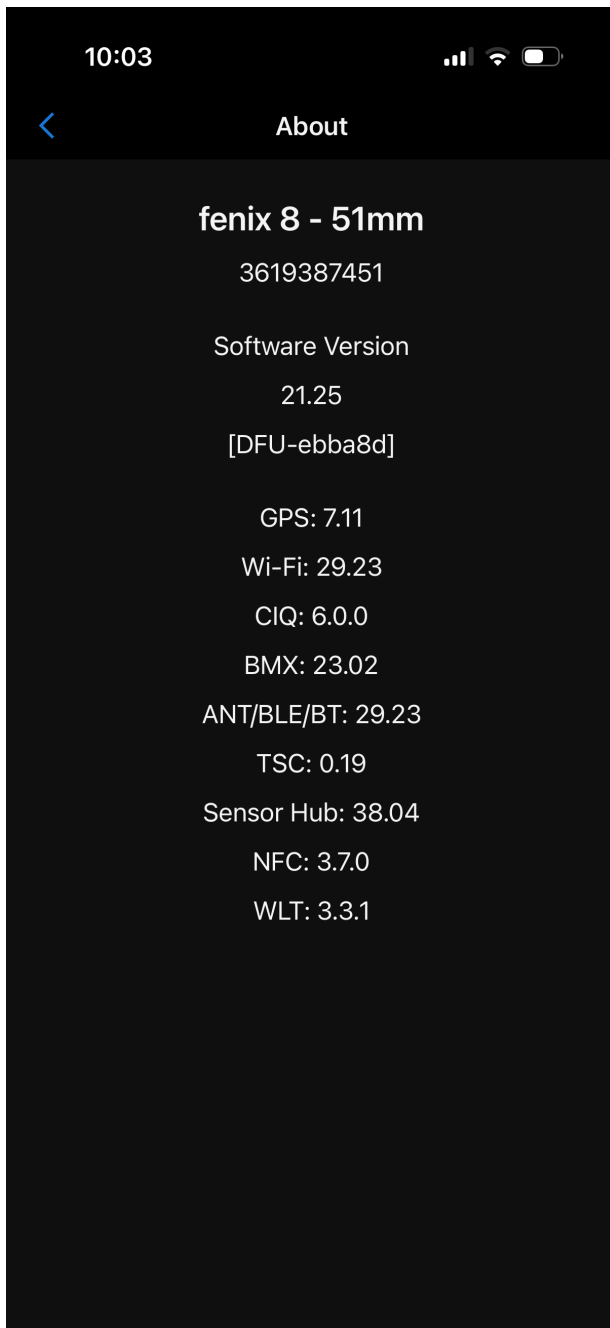
**From:** noreply@garmin.com  
**Sent:** Wednesday, 27 September 2023 8:41 PM  
**To:** robin.wilkinson@outlook.com  
**Subject:** User Feedback for Sailing Basics - Connect IQ Notification

Dear *Robin\_*,  
The Connect IQ user *Svaco* has sent you the following request regarding your app "[Sailing Basics](#)":  
Hi, love your app but after using it on fr255 it will drain battery while app is not running. Can you help me, or fix it?

The following additional info has been provided:

- Device Name: Hodziny
- Firmware Version: 16.17

You can respond directly by answering to this mail or sending an email to: \_\_\_\_\_  
If you think this request is spam or inappropriate in any other way, then please contact us at: [ConnectIQAppAdmin@garmin.com](mailto:ConnectIQAppAdmin@garmin.com)  
Sincerely,  
- The Garmin Connect IQ Team



Stats From Fenix 8, i was able to replicate on,